



# Northern Virginia Country-Western Dance Association **NEWSLETTER**

CELEBRATING THIRTY YEARS OF TWO-STEPPING  
**30<sup>th</sup>**  
Anniversary  
1986  2016

Vol. XXXI, No. 1

Official Publication

Third Quarter 2016

## President's Report

by Eileen Scott

This year we will be celebrating our 30th anniversary of the NVCWDA on Sept 17, 2016. We are not sure where yet but should know soon.

Several of us have discussed how we would really like to see some of our dance friends from the past. This would be a great opportunity to get together. I am requesting that if you have emails or mailing addresses for some of our former members please forward them to Debbie Hetterly or Rick Humbert. We would like to include charter members, past officers, former Steppers, Boot Hill Dancers, Rockin' Country Dance Team members, Buckhall Dancers, Boots and Petticoats members, all former instructors and DJ's, Southern Maryland Association members, and anyone who has ever enjoyed dancing with this Association. Wouldn't this be a great time to plan a visit to Northern VA if you are no longer in the area? We would love to see as many of you as can make it. We miss you and would love to have an opportunity to reconnect. Whether we manage to send you an invitation or not, we hope you are keeping in touch through the website and/or newsletter. Please watch for updates online.

Can you believe that 30 years ago a small group of individuals from Hunters Lodge in Fairfax created this Association we still continue to enjoy today? Please plan to join us and celebrate our 30th Anniversary on Saturday, September 17, 2016.

Have you ever been listening to the radio and heard a new country song and said to yourself how you would love to dance to that song? Please don't say I don't listen to country music. Anyway, if you know of a new country song just released in 2016 that you would like to have played at one of our dances, please let me know. It could be a two-

## Welcome 2016-2017 Board Members!



Photo courtesy of Kerie Hitt

Left to right: Wayne Herndon - Vice President, Nancy Vogelmann - Secretary, Linda Bloyer - Dance Director, Bruce Wright - Planning Director, Eileen Scott - President, Lydia Vitale - Communications Director, Bernie Vitale - Membership Director, Linda Buckle - At Large Director, Bill Wong - Treasurer. Debbie Hetterly (not shown) has volunteered to be Special Events Director. Rick Humbert (not shown) will continue to serve in his role as Past President.

step, waltz, cha cha, east coast swing, west coast swing, night club 2-step, line dance, or other. I would hope we could get some new music into our playlists for our dances. If you have suggestions for line dances or other dances you would like to see taught let us know that also. I am opening a new email

address for you to write to the President for any suggestions or questions you may have. Any negative comments please refer to the Vice-President. Just kidding! My email address for this is [nvcwdapresidenteileen@gmail.com](mailto:nvcwdapresidenteileen@gmail.com).

See Ya on the Dance Floor,  
Eileen

### Anniversary Dance September 17

Help us celebrate NVCWDA's  
30<sup>th</sup> Anniversary. Bring your favorite  
creations for a potluck dinner!



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## 2016-2017 NVCWDA Board of Directors

### OFFICERS

President	Eileen Scott
Vice President	Wayne Herndon
Secretary	Nancy Vogelmann
Treasurer	Bill Wong

### DIRECTORS

Dance	Linda Bloyer
Communications	Lydia Vitale
Membership	Bernie Vitale
Planning	Bruce Wright
Special Events	Debbie Hetterly*
At Large	Linda Buckle
Past President	Rick Humbert

\*Pending ratification.

The NVCWDA is a non-profit organization dedicated to teaching and promoting CW dancing for the enjoyment of our members and friends.

The NVCWDA Newsletter is published quarterly by the Northern Virginia Country-Western Dance Association, Inc.; P.O. Box 384; Merrifield, VA 22116-0384. Initial memberships and annual renewals are \$18 per year or \$36 for two years payable to NVCWDA at the address above. Advertising deadline is the 15th of the month preceding publication. Advertising rates: camera ready full page display ads, \$160; 1/2 page, \$80; 1/4 page, \$40; business-card ads, \$20. Email prepaid advertising material (high resolution pdf if available) to [communications@nvcwda.org](mailto:communications@nvcwda.org). Mail check to NVCWDA, P.O. Box 384, Merrifield, VA 22116-0384.

### COMMUNICATIONS TEAM

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Webmaster/Facebook	Kerie Hitt <a href="mailto:webmaster@nvcwda.org">webmaster@nvcwda.org</a>
Hotline Mistress	Diane Foster

## Past President's Message

by Rick Humbert

It is difficult to believe how fast 2016 has passed, as we are now in the summertime season.

As all of you should know by now, the "presidential baton" has been passed to Eileen Scott, as I decided that three consecutive years as NVCWDA President is enough. It has been an honor and privilege to serve this office. I know Eileen will do a great job over the next year.

A very special thank you goes out to Debbie Hetterly for stepping up and being the Nominating Committee for this year's NVCWDA Board elections. She did a great job assembling a slate of officers. Her work, along with nominations from the floor during the May 21 dance, allowed the Association to elect nearly a full Board for 2016-2017.

While I was not able to attend the April 18 Benefit Dance, the dance proved to be quite successful, as the Association raised more than \$5,000 for Fisher House Foundation. During the Benefit Dance, Mal and Linda Zerden once again wowed the participants with another one of their fabulous dance routines.

I would like to wish the new Board under Eileen's leadership nothing but success, and as Past President for the next year, will help advise the Board as needed.

## Note from the Special Events Director\*

by Debbie Hetterly

\*Pending Ratification

I attended my first NVCWDA dance July 5, 2014. I had been taking beginner classes with Lydia Vitale for a while, and I was curious to see what line dancing looked like outside of the classroom.

The dance that night was a great introduction for me! People were welcoming and friendly, and I felt included right away. I was invited to dance an El Paso, and even though I had never seen a circle dance like that, I got through it with the help of my partner who called out the steps. I had such fun, and I started coming back every chance I got. It's no surprise that the El Paso is still my favorite dance!

I don't know why I waited so long to become a member, but I finally joined the Association this past February. Over the last two years I have met so many nice people and learned lots of new dances. I'm still catching up (remember... even the old ones are new to me!), and I love how other dancers are willing to help by calling out steps or pointing the way. Most of all I appreciate their patience and acceptance!

Line dancing has added such joy to my life. I'm excited to get to help out with the Association this year as a way of passing some of that same joy on to someone else.

## Lessons taught Recently at NVCWDA Dances

Step sheets for most of the dances listed below are available on our [website](http://www.nvcwda.org), under the "DANCE INFO" tab.

Barroom Romeo (Line Dance)	Irish Stew (Line Dance)
Charleston Bump (Partner)	Stealing the Best (Line Dance)
Lay Low (Line Dance)	Fun for All (Line Dance)
Butterfly Waltz (Partner)	Rio de Amor (Line Dance)
Magic Moon (Line Dance)	Just Add Moonlight (Line Dance)
Magic Moon (Partner)	Slapping Leather (Line Dance)
West Coast Swing Moves (Partner)	El Paso Moves (Partner)
Forever Green (Line Dance)	The Gilley (Line Dance)



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## Dance Director's Report

by Linda Bloyer

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As the new Dance Director, I hardly know where to start with this column. Many of you know me as I have been coming to dances off and on for many years and teaching now and then as well. I've been dancing for over 20 years and teaching for about 16 of those years, mostly couples' dances. For the last 12 years I've been a couples' instructor at Nick's Nightclub in Alexandria.

One of my first objectives is to put together a schedule of dance instruction that people find interesting and fun. The plan is to mix some newer dances and some old favorites. This way we all learn something new now and then, and the newcomers can learn some of the ones we always dance. I am also hoping to increase the knowledge for "lead & follow" dances. If anyone has any ideas about how to increase the attendance of 'leaders', please let me know.

Another way to increase the interest in dancing is for more participation in the teaching process. I'm sure it's daunting to many of you who aren't used to public speaking, but it's really not that tough once you 'take the plunge'. I'm willing to offer assistance and support



to make you feel more comfortable. You would begin with a dance you know well. If several of the 'regulars' agree to try teaching, even if it's only once, then nobody has to commit to very many dances. I'm especially looking for couples' dances, as that's where the biggest need exists, but will be happy for new line dance teachers as well.

One of my other duties as D.D. is to oversee the new Demo teams. The Line Dance Demo team performed quite nicely at the Celebrate Fairfax County Fair under the direction of Kat Fanelli. It is my hope that Kat continues to work with that group. Currently, Luella and I are looking for folks to participate in a Couples' Demo

Team. For the foreseeable future, this team will perform Specialty or Pattern Dances. This way, we can cut down on practice time, similar to the way the Line Dance group has done. We are in the process of collecting names and emails of anyone interested, with the idea of getting started on something in September. A list of possible dances for performances is being made as well.

If you are interested in either opportunity above, please email me at [LBLOYER@verizon.net](mailto:LBLOYER@verizon.net) or sign up on one of the sheets available at the upcoming dances.

Hopefully the next dance year will be a fun and successful one for the NVCWDA.

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## Planning Director's Report

by Bruce Wright

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First I want to thank Treasurer Bill Wong for acting as Planning Director during the time that the Association was without one. Bill has filled me in on the dance venues that we use, the contacts, costs, etc.

This is my first time serving on the NVCWDA Board. My wife Kerie Hitt was a board member for many years, first as Planning Director and then Communications Director. She now manages the website. As a spouse of a board member, I've felt like one many times. We've been dancing with the Association since 1992.

The Lincolnia Senior Center renovations are expected to be completed soon, and we hope to begin reserving dates for dances there in the near future. Until then we will continue to use our other locations. We choose venues based on a number of factors including cost and availability. Since we have been losing money at most of our dances, cost becomes a major factor. The fee for Lincolnia is very low compared to the other venues. It has a kitchen and the dance floor is usually OK, so that is currently our preferred site.

The July 16 dance will be held at Green Acres Senior Center and the August 6 & 20 dances will be held at Hollin Hall. The September 3 dance, on Labor Day weekend, will be at Accotink Unitarian Universalist Church. We are hoping that Lincolnia will be available for the 30th Anniversary Dance on September 17.

As always, [check the Association website](#) for information about upcoming dances.

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## Note from the Membership Director

by Bernie Vitale

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A HUGE thank you to Eric Vondra for continuing his role in maintaining the NVCWDA member database. His assurance that he would continue to handle the paperwork that normally goes with the role of the Membership Director gave me just enough courage to volunteer for the the Membership Director position. You will now find me taking turns at the front ticket desk and attending meetings with the rest of the board.

Thanks to Shela for her role as Membership Director and for running the membership drive competition. I am looking forward to hearing the results that will soon be announced.

## Message from Linda-B Woodworth: Heart Attack Symptoms for Women

by Linda-B Woodworth

*Note from the Editor: Out of concern for the women in our dancing community, Charter Member Linda-B asked me to share her experience with what could have been a deadly heart attack. The following has been edited from a Facebook post with her permission.* —Lydia Vitale

I am letting my friends know that I had a heart attack on Thursday, June 23. I have had 3 stents put in. I am home now. I am okay. I am happy to be here. Praise God. My blockages were 99% 90% and 87%. I started having the heart attack on Monday. Because I had heart attack symptoms before with my hiatal hernia I made the mistake of thinking that was the cause. I was at church helping in the office when my jaw started to hurt. I went to lunch with my friend and by the time she got out of the car I was in terrible pain. I called the doctor and the girl that answered the phone said the doctor would want to see me. The doctor was mortified that I was not sent to the ER. I drove myself home and my friend Pam Burrowes took me to the ER. I was told I was having a heart attack. I was admitted and had surgery the next day.



The reason I shared this story is for women to realize that our symptoms are not the same as those for a man for a heart attack. When that jaw begins to hurt you are in serious trouble. Call for help. ASAP.

## June Board Meeting Summary

by Nancy Vogelmann

The NVCWDA Board Meeting included both outgoing and incoming members, and those that decided to serve another year. Eileen Scott presided and Rick Humbert, Past President, was there to assist.

Possible dance venues were discussed in light of the continued unavailability of Lincolnia Senior Center.

DJs were reported to be set through December.

It was reported that Three-Pete has continued to help with locating venues for the new line dance demo team which performed for the first time in June at the Fairfax Festival. The couples dance demo team is still in formation and is likely to start in the fall.

Linda Buckle, the new Director At Large, inquired about supplying snacks for the regular dances and was informed there has been plenty of food brought in by dancers at every dance, so keep those snacks coming! There was a discussion about the current small door prizes, and a motion made, seconded and approved to award just one prize: **a free ticket to any regular dance!**

The Communications Director brought up the subject of whether to advertise on [www.meetup.com](http://www.meetup.com) ("Meetup Group") website. This popular site is used to meet people with similar interests. This will be researched further.

Bruce has the next three dances scheduled, to include July 16 at Green Acres, August 6 and 20 at Hollin Hall. It was

decided to hold a September 3rd dance (Labor Day weekend). Bernie will be available to DJ that night. Bruce is looking into scheduling a venue. Please check the NVCWDA website before heading to the dance. The start times and locations will continue to vary!

NVCWDA's 30th Anniversary Dance was discussed!!! Eileen, our new President, is especially excited about this. It is a big accomplishment for us, so we want to do it right. This will be a pot luck and Linda Buckle will be ready to assist with suggestions. Check the website for the location. The date is September 17. PLEASE ALSO provide names of past members to any Board member, so that we can invite them to this special dance!

The President advised that, should Lincolnia Senior Center become available again, "Volunteer Building Director Training" will be required by those opening up for dances.

## Treasurer's Report

by Bill Wong

The Benefit dance netted \$5,096 to Fisher House Foundation.

The association started the fiscal year with \$10,455.40 on May 31, 2015 and closed the fiscal year with a balance of \$9,017.67 on May 31, 2016 for a net loss of \$1,437.73. The Steppers account has been closed with the balance of \$813.50 being contributed to the Fisher House Foundation, Inc. The balance as of June 21, 2016 is \$8,650.25.

Below is the quarterly and end of the fiscal year report:

Category	Aug 2015	Nov 2015	Feb 2016	May 2016	FYE 5/31/2016
<b>INCOME</b>					
Admissions	2,147.00	2,711.00	3,371.00	2,512.00	10,741.00
Donations Payable to Others	0.00	0.00	150.00	3,417.50	3,567.50
Donations Received	670.00	422.00	147.00	775.00	2,014.00
Interest Inc	0.23	0.21	0.22	0.21	0.87
Membership Dues	486.00	558.00	486.00	432.00	1,962.00
Special Sales	0.00	0.00	0.00	38.62	38.62
FROM Main Ckg 5895	0.00	0.00	0.00	0.00	0.00
<b>TOTAL INCOME</b>	<b>3,303.23</b>	<b>3,691.21</b>	<b>4,154.22</b>	<b>7,175.33</b>	<b>18,323.99</b>
<b>EXPENSES</b>					
Bank charge	0.00	0.00	0.00	18.30	18.30
DJ (1099 payee)	1,500.00	1,800.00	1,900.00	1,800.00	7,000.00
Donations to Others	300.00	150.00	158.00	5,096.00	5,704.00
Dues, Fees, Licenses	0.00	55.00	762.00	0.00	817.00
Insurance	0.00	0.00	536.94	0.00	536.94
Phone	149.28	162.98	166.00	162.22	640.48
Space Rental	2,281.00	250.00	1,410.00	675.00	4,616.00
Space Rental - Officers Mtg	0.00	0.00	0.00	0.00	0.00
Supplies	0.00	0.00	250.00	38.62	288.62
Website	0.00	0.00	140.38	0.00	140.38
TO Petty Cash	0.00	0.00	0.00	0.00	0.00
<b>TOTAL EXPENSES</b>	<b>4,230.28</b>	<b>2,417.98</b>	<b>5,323.32</b>	<b>7,790.14</b>	<b>19,761.72</b>
<b>OVERALL TOTAL</b>	<b>-927.05</b>	<b>1,273.23</b>	<b>-1,169.10</b>	<b>-614.81</b>	<b>-1,437.73</b>

# HAPPY BIRTHDAY!

## July Birthdays

7/10 Nancy Lake  
7/16 Linda Buckle  
7/18 Joan Deem  
7/21 Jenny Thomas  
7/22 Kerie Hitt  
7/22 Carol Caruso  
7/27 John Gentile  
7/31 John Eastes

## August Birthdays

8/16 Eileen Scott  
8/19 Lydia Vitale  
8/30 George Jones

## September Birthdays

9/06 Keith Buckle  
9/18 John Dever  
9/18 George Morse Jr  
9/26 Shirley Bennington  
9/28 Jerry Oweis  
9/30 Kathy Fanelli



## Welcome New Members

Nina Frymoyer  
Jody Johnson  
Robin Grotheer  
Bernadine Jones-Gibbs  
Rich Mahan

George Grotheer  
Bethann Gallagher  
Linda Bloyer  
Linda Rohrbough

## Newsletter Sections on Website

[NVCWDA Dance Schedule](#)  
[Dance Event Calendar](#)  
[Upcoming Team Performances](#)  
[Looking for Lessons?](#)  
[How Do I Get There?](#)

## Newsletter Deadline

**September 20 for articles, reports, ads and news items**  
**Email to: [communications@nvcwda.org](mailto:communications@nvcwda.org)**

Send Microsoft Word or Text Files. Ads may be sent as press-ready pdf files (if able, make them high resolution with fonts embedded)

Send photos separately as tif or jpeg files (high resolution)

**NVCWDA HOTLINE**  
**703-860-4941**

**NVCWDA WEBSITE ADDRESS**  
**[www.nvcwda.org](http://www.nvcwda.org)**

**NVCWDA EMAIL ADDRESS**  
**[info@nvcwda.org](mailto:info@nvcwda.org)**



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## MEMBERSHIP APPLICATION/RENEWAL/CHANGE FORM

Northern Virginia Country-Western Dance Association

P.O. Box 384

Merrifield, VA 22116-0384

06/2012



*Individual Members Only*

Name \_\_\_\_\_ NEW ADDRESS  
check here ☐

Address \_\_\_\_\_ Apt. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birthday: Month \_\_\_\_\_ Day \_\_\_\_\_ (Must be 18 years of age)

Phone: 1st \_\_\_\_\_ 2nd \_\_\_\_\_

Email \_\_\_\_\_

## Membership Category

New \_\_\_\_\_ Renewal \_\_\_\_\_

\_\_\_\_\_ 1 year . . . \$18.00

\_\_\_\_\_ 2 years . . \$36.00

Membership # \_\_\_\_\_

Make check payable to NVCWDA

Cash ☐ Check # \_\_\_\_\_

Your email address will be used only for official NVCWDA notifications, including membership renewals and announcements.

## Please check your preferences on the following questions:

Would you be willing to help with some of our activities during the year? . . . . . Yes \_\_\_ No \_\_\_

Would you like your birthday listed in our newsletter on your birthday month? . . . . . Yes \_\_\_ No \_\_\_

Today's date \_\_\_\_\_