

McGraw Stroll

Couples' Pattern Dance done in circular line of dance

Choreographer: jg2 (slightly revised)

Example Music: "Man, I Feel Like A Woman" by Shania Twain

Begin in cape position with lady on man's right. Both partners do the same steps through count 24 & again for the shuffles on counts 37-44

1-2 Step forward diagonal with right foot, touch left foot beside right.

3-4 Step back to original place with left foot, touch right foot beside left

5-6 Step back & turn body $\frac{1}{4}$ turn to the right onto right foot, touch left beside right. She is now in front of him, with both facing outside line of dance.

7-12 Step to side (along line of dance) with left foot, step with right foot crossed behind left, step side with left, cross right behind left, step left, placing foot with toe facing down line of dance & turning body $\frac{1}{4}$ turn to left to face LOD, brush right foot

13-16 Step forward right, pivot $\frac{1}{2}$ turn counterclockwise, shifting weight to left foot, step forward right, pivot $\frac{1}{2}$ turn counterclockwise, shifting weight to left foot. He releases his right hand & goes under the arm on the first pivot & then extends arm over her head for second pivot, catching her in cape again at the end of the turn.

17-20 Grapevine to the right: step to side with right foot, cross left foot behind right, step side with right, tap left beside right

21-24 Grapevine to the left: step to side with left foot, cross right foot behind left, step side with left, tap right beside left

25-28 He steps in place right, left, right, tap left while leading her to turn clockwise, stepping right, left, right, tap left keeping both hands. They are now facing each other.

29-32 He moves toward outside line of dance, stepping left, right, left, tap right, while leading her behind him to change places, stepping left, right, left, tap right. He folds his right arm behind his back & takes his left arm over his head to end with it in front of her.

33-36 He moves back slightly and to his left, stepping right, left, right, left as he releases his right hand, & using his left, leads her to turn clockwise moving to the right, stepping right, left, right left, ending in cape position.

37-44 Shuffle 4 times forward on line of dance: Leading with right foot, step right, slide left to the right foot, step right. Leading with left foot, step left, slide right foot to left foot, step left. Repeat both sequences once more.