

Two Step for Couples
NVCWDA Nov. 21, 2015
Linda & Rich

From Closed position - Prepare (prep) her on 2nd Slow for outside turn to Side-by-Side position. (Lady does 1 1/2 turns to her right on Quick Quick Slow). He catches her left hand with his right.

From Side-by-Side - Prep her on 2nd Slow by pushing the hands forward a bit and turn her to Wrap on Quick Quick & catch her free hand in front of the couple.

From Wrap - Do Alternating Wraps: He preps her to the left on 1st Slow (towards himself & inside of circle). On 2nd Slow, he turns her to her right (cw), lifting his left hand & lowering his right. As she turns, he moves to his right, lowering his left hand & raising his right, to end in Wrap with her on his left (the inside). On 2nd Slow, he preps her to her right (toward outside, towards himself), and then leads her to turn to her left (ccw), lifting his right hand. As she turns, he moves to his left (to inside) and lowers right hand & lifts the left, ending in Wrap with her on his right, as before.

Wrap to Closed - Prep her to the right on 2nd S to turn back to Closed (she does 1 1/2 turns to her left).