

# SHAKE IT FOR ME

**LINE DANCE:** BEGINNER/INTERMEDIATE - 4 WALL - 32 COUNTS

**CHOREOGRAPHER:** LIA ANDRUS & AL DYKSTRA

**MUSIC:** COUNTRY GIRL (SHAKE IT FOR ME) - BY LUKE BRYAN

**INSTRUCTORS:** PAULA & ALI

**NOTE:** IN THE DESCRIPTION BELOW, R = RIGHT FOOT, L = LEFT FOOT

START ON LYRICS, WITH R POINTED OUT TO RIGHT SIDE

## **CROSS ROCK/RECOVER POINT X 2-SAILOR RIGHT-SAILOR LEFT**

- 1&2 CROSS ROCK R OVER L- RECOVER ONTO L- POINT R TO R SIDE
- 3&4 CROSS ROCK R OVER L- RECOVER ONTO L- POINT R TO R SIDE
- 5&6 STEP R BEHIND L-STEP L TO L SIDE-STEP R TO R SIDE
- 7&8 STEP L BEHIND R-STEP R TO R SIDE-STEP L TO L SIDE

## **GRAPEVINE RIGHT-GRAPEVINE LEFT WITH ¼ TURN LEFT**

- 1-2 STEP R TO RIGHT-STEP L BEHIND RIGHT
- 3-4 STEP R TO RIGHT-TOUCH L NEXT TO R
- 5-6 STEP L TO LEFT-STEP R BEHIND L
- 7-8 TURN ¼ LEFT STEPPING ON L -TOUCH R NEXT TO L (OR SCUFF)

## **HIP BUMPS DIAGONAL FORWARD 4X**

- 1&2 STEP R DIAGONAL FORWARD WHILE BUMPING HIPS RIGHT, LEFT, RIGHT
- 3&4 STEP L DIAGONAL FORWARD WHILE BUMPING HIPS LEFT, RIGHT, LEFT
- 5-8 REPEAT COUNTS 1-4

## **RIGHT LOCK BACK-LEFT COASTER STEP-TRIPLE FORWARD-STEP-TOUCH RIGHT**

- 1&2 SHUFFLE BACK R, L, R
- 3&4 COASTER STEP L, R, L
- 5&6 SHUFFLE FORWARD R, L, R
- 7-8 STEP FORWARD ON L, POINT R TO RIGHT SIDE

## **START THE DANCE OVER**